TREKKING ACROSS WESTERN HAJAR

31/12/2023 - 06/01/2024

A 7-days trek across the Western Hajar mountain range through sheperd hamlets, villages, oasis, rocky slopes, and vallleys. 4 days hiking with short transfers to next hike everyday, and last 3 days trekking with no transfers in between.



WARNING: This trip has several consecutive hiking days (days 5, 6) during which we do not have access to the cars (and thus to the main luggages) in the evening.

During those days, you'll have to carry your own personal belongings which you need at night, water, and part of the lunch.

We can store your main luggages during that time. There is no safety issue.

Overnight 5 we are in comfortable accomodations: bedsheets, blankets, and bath towels are provided.

Level 4	Tours which can include demanding hikes (up to 1200m elevation gain), aquatic hikes and canyoning.
Length	7 Day
START	31/12/2023 @ 08:00 AM
	Meet in front of Naseem Hotel (Mutrah Corniche - Mascate)
ENDS	06/01/2024 @ 06:00 PM
	We can drop you to your hotel anywhere in Muscat
ಥಾಥಾಥ	3 Nights in accomodations (hotel, guesthouse, lodge, etc)
微微微	3 Nights wild camping (with tents, thick mattrass, mats, dishes, cooking dear), comfortable (but with no toilets) with the assistance of vehicules. Usualy tarticipants pitch their tent by themselves while we set up the collective camp
Prices per person	650 OMR (1702 USD)
GROUP SIZE	3 To 7
Tour guided in	English
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Guide	Not yet set
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31/12/2023 - Lunch - Dinner

Transfer to a mountain guesthouse (3 hours - 235 Km)

We drive up the valley on a dirt track. We first cross villages and green palm gardens and then go through a rugged terrain. An impressive drive...

✓ Hike through mountains and villages (5 hours)

We walk in the river bed with many trees and birds (sometimes also a stream) and then find a good path which climbs in the mountain and takes us to a first small village. We then walk our way up through the palm gardens and reach a very narrow path. From there we see another bigger village. We walk down to the village and enjoy a tour in the gardens. We finally find a very narrow gorge which we follow until we reach the main road of the valley.

- Level 3*

- Walking time : 4 to 5 hours - Height differrence : +600m/-500m

🖈 🗗 🗗 Mountain guesthouse

Simple but pleasant guesthouse in a wonderful spot Standard Room breakfast & dinner at the accomodation













01/01/2024 Breakfast - Lunch - Dinner

✓ Hike toward the main ridge (7 hours)

It is a wonderful walk. We start from the main valley and walk up a very narrow gorge, at the end of which we discover a big and beautiful village. We cross the village and start the steep climb up the cliff. The climb is steep, but it is an old path that has been equiped with steps a long time ago. 900 meters above the village, we arrive to a small pass. We then follow the ridge on the southern flank: it is a hilly terrain and we have splendid views on all sides.

- Level 4*

- Walking time : 4 to 6 hours

- Height differrence : +1300m/-250m

Transfer to a high settlement (1 hour - 40 Km)

ស្ត្រី ស្ត្រី Camping in the mountain

We camp in the mountain around 2200 meter high not far from a small settlement *Individual camping tent*













02/01/2024 Breakfast - Lunch - Dinner

Hike on the ridge (7 hours)

We start from an high hamlet at about 2400 meters. We follow the ridge having stunning views over the valleys of the northern slope. We then cross several flat areas with giant juniper tress and wild olive trees. We finally walk up to a small pass from which we see a village still a bit far away and we have to get there.

- Level 3*

- Walking time : 5 to 7 hours - Height differrence : +700m/-900m

Transfer to a plateau covered with juniper trees (0 hour 30 - 20 Km)

Camping on a high plateau

2400m high in the center of the Jebel Akhdhar, surrounded by giant juniper and wild olive trees. A few steps away, you can enjoy great views over the valleys of the northern slope.

Individual camping tent













03/01/2024 Breakfast - Lunch - Dinner

Transfer to a high village (0 hour 30 - 15 Km)

✓ Hike to a remote palm garden in a canyon (6 hours)

We start from a village located at an height of 2000 m and we walk the same way as the villagers who go work in the gardens, some 700 meters down. After 2 hours walk we finally discover the gardens where grow palm, lime, banana tree, garlic, and sweet potatoes. The place is really beautiful. We come back another way to another village located on the plateau.

- Level 3*
- Walking time : 4 to 5 hours - Height differrence : +500m/-650m
- Transfer to a high troglodyte settlement (0 hour 45 20 Km)

Mountain guesthouse

Overnight in a beautifully renovated guesthouse in an old troglodyte village. The village is built under a cliff.

Standard Room

breakfast & dinner at the accomodation













Breakfast - Lunch - Dinner

We leave the vehicule(s) in the morning at the start of the hike We do not have access to the luggages in the evening

Transfer to Nakhl (1 hour 30 - 120 Km)

✓ Hike in the mountain (7 hours)

A nice hike, not too much difficult, except one very steep descent, which take us from the plateau to a valley forming a big amphitheater. We start at a village located at 2200m above sea level, where pomogranates and wallnuts do particularly well, and use a path on the flank of the mountain which offers spectular views over several valleys of the northern slope. We finally reach a pass where we discover the big amphitheater-like valley in which lays our arrival point: a village located at an height of 1400m, where main grown trees are apricots and peaches.

- Level 3*

- Walking time : 5 to 6 hours - Height differrence : +450m/-800m

🖈 🗗 🧗 Guesthouse in a mountain village

A nice Guesthouse, very well located at the entrance of the village, and with superb view over the valley **Standard Room**

breakfast & dinner at the accomodation













DAY 6 05/01/2024

Breakfast - Lunch - Dinner

We find the vehicule(s) and luggages at the camp, after finishing the hike

✓ Hike up to Jebel Akhdar (6 hours)

We start in a village located at 1400m. We start climbing across the terraces planted with apricots, onions, pomogranates, and lime trees. We then follow the falaj and climb steeply toward a small pass. All along the steep climb we have stunning views over the amphiteater-like vallley we come from. After the pass a gentle walk in a landscape typical of Jebel Akhdhar leads us to a high village.

- Level 3*

- Walking time : 4 to 6 hours - Height differrence : +800m/-500m

Camping high in the mountain

We set up our camp not far from a village, at an height of 1900m. *Individual camping tent*













06/01/2024 Breakfast - Lunch -

Transfer to a high village (1 hour - 35 Km)

✓ Hike down from Jebel Akhdar (6 hours)

A very nice hike in a wild and little visited valley of jebel Akhdar. We walk down the plateau to the Samail Gap. Views are stunning durign the main descent and the last part in the wadi with wild palm trees, waterpools and the old falaj (water chanel) is delightfull

- Level 3*
- Walking time : 4 to 6 hours
- Height differrence : +100m/-1300m
- Transfer to Muttrah (1 hour 15 120 Km)













	Difficulty level Hiking & Easy Walking		
Level 1	No difficulty. Easy and short walks. Apporpriate for anyone walking occasionaly		
Level 2	Easy hikes with elevation gain of less than 300 meters with no big terrain difficulty		
Level 3	Hikes with an elevation gain from 300 to 800 meters. Appropriate for those who are used to walk in the mountain. The hikes		
	mentioned Level 3 with a lesser elevation gain present terrain difficulties		
Level 4	Hikes with an elevation gain from 800 to 1100 meters. For fit mountain hikers		
Level 5	Long hikes with an elevation gain of more than 1000 meters and may require scrambling or easy climbing in some parts of the trail		